

# Friend!

## Lacewing



Adult lacewings forage on pollen and nectar rich flower: yarrow, coriander, daisies, Queen Anne's Lace, and dill.



Lacewing eggs



Lacewing larvae

The larvae of lacewings are **enthusiastic predators** of aphids, thrips, and mites.

They are attracted to lights so protect them by turning off your outdoor lights at night.



Lacewings eating aphids

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**Images:** Lacewing, eggs, eating aphids – Elaine Sedgman; larvae – Katja Schultz

**Sources**

Gilkinson, L. Natural Insect, Weed & Disease Control, 2013.

Walliser, J. Good Bug, Bad Bug – Who's Who, What They Do, and How to Manage Them Organically (All You Need to Know about the Insects in Your Garden), 2011.