# VANCOUVER SEEDY SATURDAY 2015 SPEAKERS FEBRUARY 28,2015 VANDUSEN BOTANICAL GARDEN, CEDAR ROOM

### 11:00am "IS KALE STILL KING?"

Sharon Hanna - Author, Master Gardener

Join Sharon Hanna the "Queen of Kale" for a lively interactive session about superfoods - as seen in the award-winning national bestselling "The Book of Kale and Friends". All plants we'll talk about are easily grown and attract the bees and other pollinators.

Sharon Hanna writes, speaks and teaches in Vancouver, BC and has many years of experience working in garden centres as well as writing and editing seed catalogues; she did the master gardener basic training course in 1994. Sharon received the Mayor's Prize for Environmental Excellence in 2006 for her inner-city gardening program at Queen Alexandra School, aided by the Master Gardener's Association. She contributed regularly to GardenWisemagazine and was former West Coast correspondent for Gardening Life. Both "The Book of Kale" and "The Book of Kale and Friends" are national bestsellers and award-winners.

## 12:15pm "POISONOUS PLANTS: PRECAUTIONS AND WONDERS" Bardia Khaledi - VanDusen Volunteer Seed Collector

This workshop explores the many poisonous plants that grace our homes and gardens, and our natural environment. The parts and properties that make those plants harmful to humans, yet not to other organisms, are discussed. The message is not to eliminate or avoid poisonous plants, but rather better understand them to allow for cohabitation and prevention. The best tools when dealing with plants are self-education and caution.

Bardia Khaledi holds an M.A. in Anthropology from Simon Fraser University; his thesis explored the history of botanical gardens as well as their current conservation and accession policies. He is the chair of the VanDusen Seed Collectors where he promotes seed saving and raises funds for the VanDusen Botanical Garden Association. As an educator/consultant, he encourages others to foster biodiversity and accommodate native plants in their gardens or at their farms.

### 1:30pm "CELEBRATE SEEDS WITH USC CANADA" Sheila Petzold and Elodie L. Mantha

Why are Bruce Cockburn, Sam Roberts, Tim Baker of Hey Rosetta! and Amy Millan of Stars talking about seeds? Because good food starts with good seeds! Join USC Canada to find out why there's such a buzz around seeds and the seed savers who protect them. We will take you on a tour to meet seed savers from 11 countries around the world and share some compelling facts about seeds.

#### Sheila Petzold - Director, Communications & Outreach

Sheila joined USC Canada in 2008 after two decades in the broadcast and documentary world producing for the CBC and also as an independent. Her passion for the environment, social justice, and story telling put her in touch with many civil society organizations and drew her to the work of USC Canada.

#### Elodie L. Mantha - Manager of Constituencies and Engagement

Elodie connects USC Canada with its supporters through various public engagement and volunteer initiatives. An avid volunteer herself with a background in policy analysis, environmental sciences and international development, Elodie is passionate about social movements and their power to bridge the gap between citizens and decision-makers to create change.

### 2:45pm "MUSHROOM MYTHS AND LORE"

Scott Henderson - The Mushroom Man

Throughout the years, many myths about Mushrooms have made the rounds; Are mushrooms of a certain colour poisonous? What's a toadstool? What role do mushrooms play in your garden? Are mushrooms really nutritious? We'll go through a brief history of mushrooms as food, medicine and more, and address some of the myths, and realities surrounding mushrooms.

Scott Henderson is a mushroom aficionado and member of the board of The Vancouver Mycological Society. Through his business, The Mushroom Man, Scott sells cultures and spawn of edible and Medicinal Mushrooms to both Commercial and Hobby Mushroom growers across Canada. The Mushroom Man also conducts workshops to help people to learn to grow their own mushrooms at home and has worked with groups and businesses to integrate mushrooms as a component of Permaculture and edible Landscaping. Scott has been a speaker for events organized by UBC Agroforestry, The Ministry of Agriculture, UBC Botanical Garden and various groups and clubs throughout BC.



ALL LECTURES ARE IN THE CEDAR ROOM

Please - No late admission to lectures